How to get another 100,000 50,000 miles out of your automobile.

Stage 0 Check List

Item	Date Serviced	Mileage	Cost	Next Due	Notes
Compression Test					
Oil and oil filter change					
Spark plugs					
Wires, Cap, Rotor or Coils					
Replace the PCV system					
Check and repair any fluid leaks, oil, coolant, transmission, power steering					
Timing belt, rollers, tensioner, and maybe water pump					
Transmission fluid change					
Brake fluid changed					
Coolant replaced					
Replace coolant hoses, all of them					
Have battery tested (free) and clean the connections					
Have alternator tested (free)					
Replace air filter					
Replace cabin filter					
Replace fuel filter					
Service EGR					
Replace vacuum lines					
Clean the MAF					
Clean any air valves and sensors					
Clean the throttle body					
Replace torn, soft, or damaged intake tubes					
Have the fuel injectors cleaned					
Replace old o2 sensors					
Check tires, replace as needed					
Have suspension inspected and repair as necessary, w/alignment					
Check brakes and repair as needed					
Repair cosmetics for pride of ownership					